

KARNATAKA-BANGALORE COVID-19 HANDBOOK

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Collated from publicly available information by volunteers at VMware India.
Any updation is welcome.

In case of an emergency,
Call [108](tel:108) / [1912](tel:1912)

This booklet contains information on

- Bed availability & bookings
- Testing centres
- Ambulance
- Oxygen supply
- Injections and Medicines
- Covid care Centres
- Home quarantine services
- Home food services

Check BBMP website for latest information: <https://bbmp.gov.in/>

HOW TO BLOCK A BED UNDER BBMP QUOTA? (GOVT AND PRIVATE HOSPITALS)

Ensure the patient is tested through RT-PCR.

If symptoms are severe / is a primary contact ensure both RAT and RT-PCR tests are taken (Since RT-PCR results take longer)

RT-PCR generates SRF ID and if you are positive you get a BU#

If you are yet to get tested, take your tests at [private](#) or [government](#) test centres immediately.

**HAVE THE BELOW INFO READY BEFORE
CALLING BBMP FOR RESERVING A BED**

Patient Details (To view sample format [Click here](#))

Patient Name	General Ward / HDU / ICU / ICU-V
Age	Attender Name
Gender	Attender Mobile #
SRF ID	Patient Mobile #
BU Number	Other Symptoms
SpO2 level	Positive since days
Residence address and Pin code	Reference Doctor if any
Residence Ward name & Ward#	

CALL 108 or 1912

- **Request for Beds (BBMP manages bed allocation) (General Ward / Oxygen / HDU / ICU / ICU-V Bed)**
- **SPo2 level < 90**
- **Ambulance for Test / Admission at hospital**
- **Care at BBMP Covid Care Centres**

INFORM ZONAL (PATIENT'S RESIDENCE) BBMP OFFICER

BBMP will collect your details, allocate a bed and call the attendee back. Request for an ambulance on this call, or you may arrange a private ambulance too. Phone numbers below.

We do not have data on how long it would take to allocate a bed / send an ambulance yet.

ZONE WISE BBMP WAR ROOM NUMBERS

Know your Zone here: <https://bbmp.gov.in/zonalclassification.html>

Yelahanka

9480685941/3/6/8
9480685964 | 9480685977
9113022516 | 7204869787

Bengaluru West

080 68248454

RR Nagar

080 28601050

Dasarahalli

080-28394909
080-28393688
080-29590057
080-29635904

Bengaluru East

080-23010101/02
7411038024/
9886496295
9480683674

Mahadevpura

080-23010101
080-23010102
9480683673

Anekal Taluk

8867474146 | 8792140655
8147874146 | 8904025083

Bengaluru South

8277515788
8431816718

Bommanahalli

8884666670

OTHER IMPORTANT BBMP INFORMATION

CALL 104 /

8951755722

Oxygen, Medicine,
Injection supply

General Enquiry

080-22660000

080-22481818

9745697456

PRACTICAL EXPERIENCES OF THE TASK FORCE

- Keep calling 108 / 1912 till you are able to connect and raise your request to book a bed. Don't give up.
- Double-check that your request is registered, by calling again with the same information in a few minutes.
- Bed information is shared on the attendee's phone, keep it charged and in a location with the network coverage.
- On the bed confirmation call, request for an ambulance. If the ambulance wait time is high, book a private ambulance ([Click here](#))
- Send patient details in [this format](#) to **9480812450**
- Talk to a zonal officer in case of emergency and urgent request. Numbers are above.
- BBMP holds a higher quota of beds, they are your best bet. Arranging a private bed is tedious and difficult.
- Availability of beds by BBMP Quota.
<https://covidbengaluru.com/> or BBMP link [Click here](#)

TESTING FOR COVID-19

RT PCR, RAT , CT SCAN (GOVT / HOME COLLECTION)

RT-PCR test is a mandatory test for any covid treatment.

RT-PCR generates SRF ID and if you are positive you get a BU#

Rapid Antigen Test (RAT) test is typically taken to get immediate results, however, RT-PCR is mandatory.

If you have severe symptoms or are a primary contact, take RAT and RT-PCR simultaneously.

CT scan is usually recommended by doctors for patients with severe symptoms.

CHECKLIST / IMPORTANT INFORMATION

- Carry a copy of your Aadhaar Card and your Mobile Phone when visiting the lab for testing.
- Ensure you get the SRF ID via SMS before leaving the lab after the swab sample has been collected.
- RT-PCR test results could take up to 96 hours. Take a Rapid Antigen Test (RAT) in the same centre if you have severe symptoms / are a primary contact.

Private Testing Centre

Typically most of them have home service and walk-in.

Find a curated list of service providers.

[Click here](#)

We do not have data around the SLA / charges / quality / feedback / test results time of individual service providers yet.

BBMP Fever Clinics Covid 19 Testing Centres (Free)

Find a curated list of free Government Testing Centres in Bangalore a.k.a Swab Collection Centre

[Click here](#)

We do not have data on how long it would take for test results yet.

CT Scan centre


For CT Scan, the patient has to visit the CT Scan Clinic / Hospital.

A doctor's prescription is required in some of the clinics and hospitals to get the testing conducted

Find a curated list of CT scan centres [Click here](#)

We do not have data around the SLA / charges / quality / feedback / test results time of individual service providers yet.

Ambulance



CALL 108
For Free
Govt/BBMP
Ambulance

We do not have data around how long it would take to send the ambulance yet.

Private Ambulance
For a curated list of
service providers


[Click here](#)

We do not have data around the SLA / charges / quality / feedback of individual service providers yet.

In case of emergency: CALL 108 or 1912

- 
- Request for Beds (BBMP manages bed allocation) (General Ward / Oxygen / HDU / ICU / ICU-V Bed)
 - SPO₂ level < 90
 - For BBMP zone related escalations/emergencies contact respective [zonal BBMP contacts](#).

OTHER IMPORTANT BBMP INFORMATION



CALL 104
Oxygen, Medicine,
Injection supplies

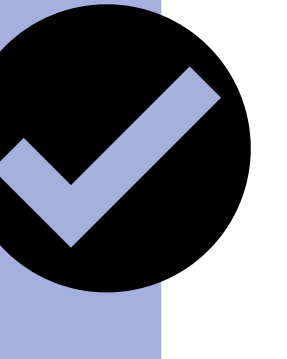
General Enquiry

08022660000

08022481818

97456 97456

PRACTICAL EXPERIENCES OF THE TASK FORCE

- 
- Some private labs provide home service. For the RT-PCR test you can register through an aggregator service (like 1mg) and they will connect you to a local lab/diagnostics centre near you and collect the samples at your home.
 - As results for RT-PCR is getting delayed up to 96 hours, it is best to take RAT simultaneously.
 - If the Ambulance provided by BBMP on 108 is taking more time, you could opt for a private ambulance service.
 - We do not have the data on response time for any of the services yet.
 - In case of emergency call 108 or 1912

FOR YOUR OXYGEN & MEDICINE REQUIREMENTS



Karnataka Govt call centre for
oxygen supply & injections
(24x7) **+918951755722**

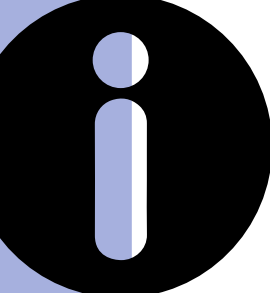
Private Oxygen Suppliers



Click here for [Oxygen Cylinders](#) and [Oxygen Concentrators](#)

We do not have live data on the stocks across Bangalore.


Prerequisites for Oxygen

- 
- Aadhaar card of patient and person who will collect it.
 - Doctor's prescription
 - SPO2 parameters of the patient
 - RT-PCR test results (SRF ID)

Accessories for Oxygen:

- Flowmeter and regulator (from vendor)
- Mask & pipe (to be purchased)

Oxygen Cylinder

- 
- Specified pressure of Oxygen can be set.
 - It will require refilling
 - Some vendors supply it at home, and in some cases, it needs to be collected from vendor locations

Covid Injections

- Remdesivir
- Tocilizumab

For private vendors information

[Click Here](#)

We do not have live data on the stocks across Bangalore.

Prerequisites for Injection

- Aadhaar card of the patient.
- Doctor's prescription
- SPO2 parameters of the patient
- RT-PCR test results (SRF ID & BU#)

Injections will be supplied to hospitals directly for now.

(Subject to change)

Oxygen Concentrator

- The pressure of oxygen can serve only mild-moderate cases
- Oxygen is concentrated from the surrounding environment and used. Hence no refill is required.
- Available for rent or could be purchased for home use.

For any emergency, do not wait for Oxygen supply at home

Call **108 / 1912**

COVID CARE CENTRE (GOVT AND PRIVATE)

HOME QUARANTINE SERVICES

HOME FOOD SERVICES

HOW TO GET A BED IN GOVT COVID CARE CENTRE?

- Call helpline - 1912 - (24/7 support and responsive) to book Govt CCC. [Click here](#) for a list of Govt CCC (BBMP will allocate and call you).
- Information required to share:
Name, Address, Age, Symptoms, SRF ID and BU #, Mobile #
Need Aadhar card no. for admission.

PRIVATE COVID CARE CENTRE

- Private CCC has to be booked directly by calling the numbers. [Click here](#)
- These are centres run by private hospitals in collaboration with hotels. It is a paid service.

We do not have data around the SLA / charges / quality / feedback of individual service providers yet.

HOME QUARANTINE PACKAGES

- Organizations and hospitals in Bangalore that offer home care packages and teleconsultation.

[Click here for Home Quarantine Package Providers](#)

We do not have data around the SLA / charges / quality / feedback of individual service providers yet.

HOME FOOD SERVICE

- For information on home food providers [Click here](#)

We do not have data around the SLA / charges / quality / feedback of individual service providers yet.

IMPORTANT INFORMATION

- Consult your treating doctor before availing of any home service or admission to Covid care centre.